



Wanderlust Travel and Photos Blog

Backpackers Packing Checklist

DATE: _____

Essential Gear

- Backpacking Backpack (Size: _____)
- Sleeping Bag (Temp Rating: _____)
- Sleeping Bag Liner
- Tent (Capacity: _____)
- Tent Footprint
- Sleeping Mat (R-Value Rating: _____)
- Portable Pillow
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Kitchen Gear

- Backpacking Stove
- Stove Fuel
- Backpacking Pots and Utensils
- Water Bladders and Water Bottles
- Water Purifier System, Tablets, or Drops
- Waterproof Matches or Lighter
- Dehydrated Food (Number Meals: _____)
- Trail Snacks

Hiking Gear and Clothes

- Hiking Shoes or Boots
- Hiking Socks (Pairs: _____)
- Hiking Gaiters
- Breathable Hiking Pants (Pairs: _____)
- Breathable T-Shirts (Pairs: _____)
- Down Jacket or Fleece (Number: _____)
- Rain Gear
- Moisture Wicking Base Layer
- Hiking Poles
- Warm Hat
- Sun Hat
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Navigation and Safety Gear

- GPS Unit
- Compass
- Topographical Maps
- First Aid Kit
- Utility Knife
- Head Lamp\Flashlights (Number: _____)
- Backup Batteries for Head Lamps
- Distress Whistle
- Survival Blankets (Number: _____)
- Portable Rain Ponchos (Number: _____)
- Paracord (Feet: _____)
- Climbing Rope (Feet: _____)